

Telephonic, Email and Chat Therapy Policies

I understand that phone and email sessions have limitations compared to in-person sessions, among those being the lack of "personal" face-to-face interactions, the lack of visual cues in the therapy process, and the fact that most insurance companies will not cover this type of therapy. I understand that although attempts will be made to secure phone, email, and internet chat, there can be no assurance of their security.

I understand that phone/email psychotherapy with David Ingle, Psy.D., is not a substitute for medication under the care of a psychiatrist or doctor. I understand that phone sessions, emails and internet chat therapy are not appropriate if I am experiencing a crisis or having suicidal or homicidal thoughts. If a life-threatening crisis should occur, I agree to contact a crisis hotline (such as 1-800-784-2433), call 911, or go to a hospital emergency room.

I understand that privacy will be maintained in therapy with David Ingle, Psy.D., except where noted in the Privacy Policies; among those situations where confidentiality will be breached include where David Ingle, Psy.D. determines there is a significant risk of hurting yourself or someone else. I also understand that David Ingle, Psy.D., follows the laws and professional psychology regulations of the State of Rhode Island and Providence Plantations (USA) and the psychotherapy treatment will be considered to take place in the State of Rhode Island and Providence Plantations (USA). I attest to the fact that I am 18 years of age or older. A written copy of the Privacy Practices, Office Practices, and additional disclosures can be obtained by contacting Dr. Ingle at Dr_Ingle@bvft.com

By clicking the "I agree to the terms" box, I agree to the Privacy Practices, Office Practices, and additional disclosures and will access a free, secure online information form to be sent to Dr. Ingle.

APA Ethics Directorate Statement on Use of Internet and Telephone for Psychotherapy:
<http://www.apa.org/ethics/stmnt01.html>